

SAN MATEO COUNTY
Pathways for Women Program – (\$902,589 grant)

San Mateo's existing Pathways Mental Health Court is a multi-agency partnership anchored in the Assertive Community Treatment model. This court and coordinated treatment programs will expand its services to include gender-focused, culturally competent assessments, treatment plans and support services for the female mentally ill offender population. This project will provide integrated services to 35 female offenders, tailored to meet the complex and unique needs of this growing population.

Services start in-custody by offering an outreach and engagement program using the Motivational Interviewing model. Once eligible participants have been screened and referred to the Mental Health Court, each will receive an individualized re-entry discharge and safety plan to connect them to family/peer support, substance abuse treatment, medical care and transportation but most importantly, housing. This is accomplished using several different options- transitional housing, supported housing, and shelter vouchers.

Several intensive co-occurring treatment service programs are available to clients, including 4 spaces with TeleCorp (a 24/7 Full Service Partnership) and specialized treatment programs through the Women's Recovery Association. These programs include a 4 month long Women's Residential Recovery Treatment program (available to 6-8 clients) and one dedicated space in the Intensive Outpatient Day Treatment program (anticipated to serve 3-4 women during the grant period).

The core of this program is the multi-disciplinary Integrated Treatment Team, available to clients on a 24/7 basis and comprised of a Probation Officer, Mental Health Clinician, Community Outreach Worker, Mental Health Program Specialist and Psychiatrist. This team will connect clients to women's health and medical health care facilities, supported education and employment opportunities, transportation, parenting education, community resources and support, and facilitate medication management and cognitive behavior therapy. Peer support services and Seeking Safely, a trauma-based treatment program, are also integral components of Pathways for Women.

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